

FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Food Allergy Research & Education	OD ALLER	ui & ANAP	ПІСАЛІ	3 EMEKU	ENGIL	AKE PLA
Name: D.O.B.:					PLACE PICTURE	
Allergy to:						HERE
eight:Ibs. Asthma: Yes (higher risk for a severe reaction) No						
NOTE: Do not depend on	antihistamines or in	halers (bronchodilato	rs) to treat a se	vere reaction. US	E EPINEPHR	INE.
Extremely reactive to the followin	g allergens:					
THEREFORE: If checked, give epinephrine in If checked, give epinephrine in	nmediately if the a	llergen was LIKELY	eaten, for AN	Y symptoms.		arent.
FOR ANY OF THE FOLLOWING: SEVERE SYMPTOMS				WILD SY	MPTOI	MS
LUNG HEART Short of breath, wheezing, faint, weak repetitive cough pulse, dizzy	THROAT Tight, hoarse, trouble breathing/	MOUTH Significant swelling of the tongue and/or lips	NOSE Itchy/runny nose, sneezing	MOUTH Itchy mouth	SKIN A few hives mild itch	
swallowing swallowing	tongue una/or nps	FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE.				
SKIN Many hives over body, widespread redness GUT Repetitive vomiting, severe diarrhea	OTHER Feeling something bad is about to happen, anxiety, confusion	OR A COMBINATION of symptoms from different body areas.	FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW: 1. Antihistamines may be given, if ordered by a healthcare provider. 2. Stay with the person; alert emergency contacts.			
<u>û</u> 1	-			closely for chang nephrine.	ges. If symp	toms worsen,
 INJECT EPINEPHRINE IMMEDIATELY. Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive. Consider giving additional medications following epinephrine: 			MEDICATIONS/DOSES Epinephrine Brand or Generic:			
» Antihistamine	Eninaphrina Dosa, 0.15 mg IM 0.3 mg IM					

- » Inhaler (bronchodilator) if wheezing
- Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
- If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
- Alert emergency contacts.
- Transport patient to ER, even if symptoms resolve. Patient should remain in ER for at least 4 hours because symptoms may return.

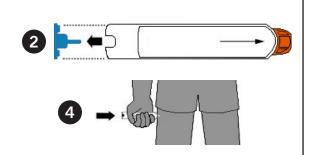
g IM					
Antihistamine Brand or Generic:					
Antihistamine Dose:					
Other (e.g., inhaler-bronchodilator if wheezing):					



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EPIPEN® AUTO-INJECTOR DIRECTIONS

- 1. Remove the EpiPen Auto-Injector from the clear carrier tube.
- Remove the blue safety release by pulling straight up without bending or twisting it.
- 3. Swing and firmly push orange tip against mid-outer thigh until it 'clicks'.
- 4. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- 5. Remove auto-injector from the thigh and massage the injection area for 10 seconds.



ADRENACLICK® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR DIRECTIONS

- 1. Remove the outer case.
- 2. Remove grey caps labeled "1" and "2".
- 3. Place red rounded tip against mid-outer thigh.
- 4. Press down hard until needle enters thigh.
- 5. Hold in place for 10 seconds. Remove from thigh.





ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- 1. Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
- 2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- 4. Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

EMERGENCY CONTACTS — C	ALL 911	OTHER EMERGENCY CONTACTS		
RESCUE SQUAD:		NAME/RELATIONSHIP:		
DOCTOR:	_ PHONE:	PHONE:		
PARENT/GUARDIAN:	_ PHONE:	NAME/RELATIONSHIP:		
		PHONE:		